10 FACTS ABOUT ANTIBIOTICS

- 1. Antibiotics are derived from microorganisms, which *presumably* synthesize them as defensive compounds.
- 2. When Alexander Fleming first isolated penicillin from the fungus *Penicillium* (1928), he called it "mould juice." When mass-produced for WWII, it was nicknamed, "The Wonder Drug" (not to be confused with the "cure all miracle drug," cocaine).
- 3. There are reports of moldy bread being used to treat wounds to prevent infection. That is not the origin of "Wonder Bread," though.
- 4. Some antibiotics cause side effects due to their effect on our mitochondria, which are bacteria.
- 5. 10% of Americans believe antibiotics are addictive. Same % believe antibiotics are ineffective treatment for bacterial infections.
- 6. Approximately 1/3 of adults in the United States believe that antibiotics can also kill viruses.
- 7. The biggest consumers of antibiotics are farm animals. Second biggest user is children (who are usually sick with viruses).
- 8. Prescription of antibiotics to people with viral infections contributes to the evolution of drug-resistant bacteria, which kill tens of thousands each year and cost us billions in health care expenses.
- 9. The word "antibiotic" (actually "antibiotique") was first used in late 1800s. It meant, "destructive to microorganisms." Most dictionaries, including Google's, retain this original definition.
- In 1942, Selman Waksman (who stole the discovery of a bacteriaderived antibacterial from his graduate student, Albert Israel Schatz) began using "antibiotics" to refer to compounds that kill *only* bacteria. The change in definition from #9 likely causes #6, #7, & #8.